

AUTUMN TERM

Year 1

Being Me in My World

This unit covers a wide range of topics, including a sense of belonging, welcoming others and being a part of a school community, a wider community and a global community; it also looks at children's rights and responsibilities, working and socialising with others and pupil voice.									
Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance	Spiritual	Moral	Social	Cultural
Special and Safe				✓		✓		✓	
My Class	✓	✓	✓	✓	✓		✓	✓	
Rights and Responsibilities	✓	✓	✓		✓		✓	✓	
Rewards and Feeling Proud			✓	✓	✓		✓	✓	
Consequences	✓	✓	✓	✓			✓	✓	
Owing Our Learning Charter	✓	✓	✓				✓	✓	
Social Emotional Aspects of Learning	Self-awareness		Social Skills		Empathy		Motivation		Managing Feelings
UNCRC articles within unit	Articles in all lessons: 12 13 15 28 29 36					Additional articles: 5			

Year 1

Celebrating Difference

This unit focuses on similarities and differences. It teaches about diversity such as: disability, power, friendships and conflict. Children learn to accept everyone's right to 'difference'. They will also explore the concept of bullying – what it is and what it isn't.									
Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance	Spiritual	Moral	Social	Cultural
The same as				✓	✓			✓	
Different from				✓	✓			✓	
What is bullying?			✓	✓	✓			✓	
What do I do about bullying?			✓	✓	✓		✓	✓	
Making new friends			✓		✓		✓	✓	
Celebrating Difference, Celebrating Me.					✓	✓		✓	
Social Emotional Aspects of Learning	Self-awareness		Social Skills		Empathy		Motivation		Managing Feelings
UNCRC articles within unit	Articles in all lessons: 7 8 12 13 14 22 28 29 30					Additional articles:			

SPRING TERM

Year 1

Goals and Dreams

Children think about their hopes and dreams, their goals for success, their personal strengths and how to overcome challenges. They share aspirations, dreams and goals of others and celebrate each other's success.									
Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance	Spiritual	Moral	Social	Cultural
My Treasure Chest of Success						✓			
Steps to Goals					✓	✓			
Achieving Together	✓			✓	✓			✓	
Stretchy Learning			✓			✓			
Overcoming Obstacles			✓			✓			
Celebrating My Success			✓			✓			
Social Emotional Aspects of Learning	Self-awareness		Social Skills		Empathy		Motivation		Managing Feelings
UNCRC articles within unit	Articles in all lessons: 6 12 13 15 16 28 29					Additional articles:			

Year 1

Healthy Me

Understanding the difference between being healthy and unhealthy: Pupils learn how to keep themselves clean and understand how germs cause disease/illness. They will know who they can go to when they feel frightened or poorly and the importance of keeping safe.									
Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance	Spiritual	Moral	Social	Cultural
Being Healthy			✓				✓	✓	
Healthy Choices			✓				✓	✓	
Clean and Healthy							✓	✓	
Medicine Safety		✓					✓	✓	
Road Safety		✓					✓	✓	
Happy, Healthy Me			✓				✓	✓	
Social Emotional Aspects of Learning	Self-awareness		Social Skills		Empathy		Motivation		Managing Feelings
UNCRC articles within unit	Articles in all lessons: 6 12 19 27 28 29 36					Additional articles: 24			

SUMMER TERM

Year 1

Relationships

Understanding how it feels to belong and care about the important people in their life. Identifying what it means to be a good friend and know how to make new ones. Recognise and praise qualities in themselves and explain reasons for appreciating people who are special to them.									
Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance	Spiritual	Moral	Social	Cultural
Families	✓	✓			✓				✓
Making Friends			✓	✓	✓			✓	
Greetings			✓	✓				✓	
People Who Help Us		✓						✓	
Being My Own Best Friend				✓		✓			
Celebrating My Special Relationships				✓		✓		✓	
Social Emotional Aspects of Learning	Self-awareness		Social Skills		Empathy		Motivation		Managing Feelings
UNCRC articles within unit	Articles in all lessons: 3 15 16 19 28 29 34					Additional articles: 24			

Year 1

Changing Me

Begin to understand the life cycles of animals and humans. They will learn to understand that growing up is natural and how they have changed since they were a baby, as well as the difference between boys and girls.									
Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance	Spiritual	Moral	Social	Cultural
Life Cycles				✓	✓	✓			
Changing Me			✓	✓		✓			
My Changing Body			✓			✓			
Boys' and Girls' Bodies		✓	✓	✓	✓	✓	✓		
Learning and Growing			✓	✓		✓			
Coping with Changes						✓			✓
Social Emotional Aspects of Learning	Self-awareness		Social Skills		Empathy		Motivation		Managing Feelings
UNCRC articles within unit	Articles in all lessons: 3 6 16 17 28 29 36					Additional articles: 5 34			