

## AUTUMN TERM

### Year 6

### Being Me in My World

This unit covers a wide range of topics, including a sense of belonging, welcoming others and being a part of a school community, a wider community and a global community; it also looks at children's rights and responsibilities, working and socialising with others and pupil voice.									
Lesson focus	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance	Spiritual	Moral	Social	Cultural
My Year Ahead			✓	✓	✓	✓		✓	
Being a Global Citizen (universal rights)	✓	✓	✓	✓	✓	✓			✓
Being a Global Citizen (wants v needs)	✓	✓	✓		✓		✓		✓
The Learning Charter	✓		✓		✓		✓	✓	
Consequences		✓		✓	✓		✓	✓	
Owing Our Learning Charter	✓	✓					✓	✓	
Social Emotional Aspects of Learning	Self-awareness		Social Skills		Empathy		Motivation		Managing Feelings
UNCRC articles within unit	Articles in all lessons: 12 13 15 28 29 36					Additional articles: 5 24 27 32			

### Year 6

### Celebrating Difference

Understanding different perceptions of 'normal' and how attitudes towards disability vary. Develop strategies in managing emotions in bullying situations. Appreciate others for who they are.									
Lesson focus	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance	Spiritual	Moral	Social	Cultural
Am I Normal? (perceptions of 'normal')				✓	✓			✓	
Understanding Difference –inclusion/attitude			✓	✓	✓	✓		✓	
Power Struggles (Bullying)	✓	✓	✓		✓		✓	✓	
Why Bully? (reasons for bullying behaviour)		✓			✓		✓	✓	
Celebrate Difference (appreciation)			✓	✓	✓	✓			
Celebrating Difference (empathy)	✓			✓	✓				✓
Social Emotional Aspects of Learning	Self-awareness		Social Skills		Empathy		Motivation		Managing Skills
UNCRC articles within unit	Articles in all lessons: 7 8 12 13 14 22 28 29 30					Additional articles: 23			

## SPRING TERM

### Year 6

### Goals and Dreams

Children think about their hopes and dreams, their goals for success, their personal strengths and how to overcome challenges. There is also a focus on enterprise and fundraising. They share their aspirations, dreams and goals of others in different cultures/countries and their dreams for the world.									
Lesson focus	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance	Spiritual	Moral	Social	Cultural
Personal Learning Goals			✓			✓			
Steps to Success			✓			✓			
My Dreams For the World				✓	✓	✓		✓	
Helping to Make a Difference (empathy)	✓			✓	✓	✓	✓	✓	
Helping to Make a Difference (motivation)	✓			✓		✓	✓	✓	
Recognising Our Achievements	✓			✓	✓	✓		✓	
Social Emotional Aspects of Learning	Self-awareness		Social Skills		Empathy		Motivation		Managing Feelings
UNCRC articles within unit	Articles in all lessons: 6 12 13 15 16 28 29					Additional articles: 23 24			

### Year 6

### Healthy Me

Emotional Health: relaxation, being safe, friendships, mental health skills, body image, relationships with food and managing stress. Physical Health: eating a balanced diet, physical activity, rest and relaxation, keeping clean, drugs and alcohol, being safe and first aid.									
Lesson focus	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance	Spiritual	Moral	Social	Cultural
Taking Responsibility for health & wellbeing			✓					✓	
Drugs (medicinal and abuse)		✓	✓				✓	✓	
Exploitation		✓	✓	✓			✓	✓	
Gangs		✓	✓				✓	✓	
Emotional and Mental Health				✓	✓	✓	✓		
Managing Stress and Pressure					✓				
Social Emotional Aspects of Learning	Self-awareness		Social Skills		Empathy		Motivation		Managing Feelings
UNCRC articles within unit	Articles in all lessons: 6 12 19 27 28 29 36					Additional articles: 24 33			

## SUMMER TERM

### Year 6

### Relationships

A vital part of this topic is about safeguarding and keeping children safe. Children learn how to deal with conflict, identify their own strengths and take responsibility for their own safety and well-being. They will develop strategies to manage their emotions during times of grief.

Lesson focus	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance	Spiritual	Moral	Social	Cultural
What is Mental Health?				✓		✓		✓	
My Mental Health				✓	✓	✓			✓
Love and Loss (managing stages of grief)						✓			
Power and Control	✓		✓	✓	✓		✓	✓	
Being Online – Real or Fake? Safe or Unsafe?	✓	✓	✓				✓	✓	✓
Using Technology Responsibly		✓	✓	✓	✓		✓	✓	✓
Social Emotional Aspects of Learning	Self-awareness		Social Skills		Empathy		Motivation		Managing Feelings
UNCRC articles within unit	Articles in all lessons: 3 15 16 19 28 29 34					Additional articles: 17 30			

### Year 6

### Changing Me

This unit aims to prepare children for the changes they are experiencing/will experience in their life and the opportunity to talk about the anxieties they may have/get, which come with these changes. *Lesson 4 is an alternative lesson aimed at building and maintaining positive relationships*

Lesson focus	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance	Spiritual	Moral	Social	Cultural
My Self-Image (Everyone is unique)			✓						✓
Puberty – physically and emotionally					✓	✓			
Babies – stages of life (conception to birth)				✓				✓	
Adolescent Friendships				✓	✓	✓			
Real Self and Ideal Self			✓		✓			✓	✓
Transition to Secondary school			✓	✓	✓			✓	
Social Emotional Aspects of Learning	Self-awareness		Social Skills		Empathy		Motivation		Managing Feelings
UNCRC articles within unit	Articles in all lessons: 3 6 16 17 28 29 36					Additional articles: 24 34			
Only <i>*compulsory learning</i> will be taught from this unit. Please refer to the RHE folder for further information and <i>*Government Guidance</i> .									