

AUTUMN TERM

Year 5

Being Me in My World

Face new challenges positively and set personal goals for the year ahead. Understand the rights & responsibilities of being a British citizen and making choices: rewards & consequences. Understand how democracy and having a voice benefits our school community.									
Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance	Spiritual	Moral	Social	Cultural
My Year Ahead – welcoming others			✓		✓			✓	✓
Being a Citizen of My Country	✓	✓	✓					✓	✓
Responsibilities – everyone’s right to learn	✓	✓	✓	✓				✓	✓
Rewards and Consequences		✓	✓		✓		✓	✓	
Our Learning Charter – work well with others	✓			✓	✓		✓	✓	
Owing Our Learning Charter	✓						✓	✓	
Social Emotional Aspects of Learning	Self-awareness		Social Skills		Empathy		Motivation		Managing Feelings
UNCRC articles within unit	Articles in all lessons: 12 13 15 28 29 36				Additional articles: 5				

Year 5

Celebrating Difference

Compare their own lives with people in the developing world. Understand that cultural differences sometimes causes conflict and explain what is considered direct/indirect forms of bullying behaviour. Appreciating the value of happiness; regardless of material wealth.									
Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance	Spiritual	Moral	Social	Cultural
Different cultures	✓			✓	✓				✓
Racism	✓		✓		✓		✓		✓
Rumours and name-calling		✓	✓		✓		✓	✓	
Types of bullying	✓	✓			✓		✓	✓	
Does money matter?			✓		✓				✓
Celebrating difference across the world	✓			✓	✓				✓
Social Emotional Aspects of Learning	Self-awareness		Social Skills		Empathy		Motivation		Managing Feelings
UNCRC articles within unit	Articles in all lessons: 7 8 12 13 14 22 28 29 30				Additional articles: 24 32				

SPRING TERM

Year 5

Goals and Dreams

Appreciate the similarities/differences in aspirations, between themselves and other children in different cultures. Explore ways to support young people - here and abroad - to achieve their goals and dreams: Sponsorship (Toybox), Sport/Comic Relief (fund-raising) etc.									
Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance	Spiritual	Moral	Social	Cultural
When I Grow Up (My Dream Lifestyle)	✓	✓	✓			✓			
Investigate Jobs and Careers	✓				✓		✓	✓	
My Dream Job (steps to get there)			✓					✓	✓
Dreams & Goals of People in Other Cultures				✓	✓				✓
How We Can Support Each Other	✓			✓	✓			✓	✓
Rallying Support			✓	✓	✓	✓			✓
Social Emotional Aspects of Learning	Self-awareness		Social Skills		Empathy		Motivation		Managing Feelings
UNCRC articles within unit	Articles in all lessons: 6 12 13 15 16 28 29					Additional articles: 24			

Year 5

Healthy Me

Understand the risks that smoking, alcohol misuse and food disorders have on our health and behaviour. Children will have the opportunity to practise basic emergency procedures (including the recovery position) and how to keep themselves calm during emergencies.									
Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance	Spiritual	Moral	Social	Cultural
Smoking			✓				✓	✓	
Alcohol		✓	✓				✓	✓	
Emergency Aid			✓					✓	
Body Image			✓	✓	✓			✓	✓
My Relationship with Food				✓	✓			✓	✓
Healthy Me			✓			✓			
Social Emotional Aspects of Learning	Self-awareness		Social Skills		Empathy		Motivation		Managing Feelings
UNCRC articles within unit	Articles in all lessons: 6 12 19 27 28 29 36					Additional articles: 17 24			

SUMMER TERM

Year 5

Relationships

Recognising personal qualities and how friendships can change. Understanding how to stay safe online and resist pressures to use technology in ways that may cause harm to themselves or others.									
Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance	Spiritual	Moral	Social	Cultural
Recognising Me	✓		✓	✓	✓	✓			
Safety with Online Communities				✓				✓	
Being in an Online Community			✓	✓				✓	✓
Online Gaming			✓		✓			✓	✓
Relationships with Technology (screen time)	✓	✓	✓					✓	✓
Relationships with Technology (staying safe)	✓	✓	✓	✓	✓			✓	✓
Social Emotional Aspects of Learning	Self-awareness		Social Skills		Empathy		Motivation		Managing Feelings
UNCRC articles within unit	Articles in all lessons: 3 15 16 19 28 29 34					Additional articles: 24 34			

Year 5

Changing Me

Understand that puberty is a normal and healthy part of development and feel confident to cope with the changes it brings. Identify what they are looking forward to when they move up to Year 6 and the changes they will make. <i>(Opportunity for Year 6/Year 5 peer discussion)</i>									
Lesson	Democracy	Rule of Law	Individual Liberty	Mutual Respect	Tolerance	Spiritual	Moral	Social	Cultural
Self-Image and Body Image			✓		✓				✓
Puberty for Girls				✓		✓			
Puberty for Boys				✓		✓			
Conception						✓			
Looking Ahead – asking for help if worried			✓	✓			✓	✓	
Looking Ahead – looking forward to change			✓	✓	✓			✓	✓
Social Emotional Aspects of Learning	Self-awareness		Social Skills		Empathy		Motivation		Managing Feelings
UNCRC articles within unit	Articles in all lessons: 3 6 16 17 28 29 36					Additional articles: 24			
<i>Only *compulsory learning will be taught from this unit. Please refer to the RHE folder for further information and *Government Guidance.</i>									