



Reception - PE Curriculum Map						
	Personal skills	Social skills	Cognitive skills	Creative skills	Physical skills	Health and Fitness
	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
indoor						
outdoor						
Year R	Real PE Coordination – Footwork Static Balance – One Leg	Real PE Dynamic Balance to Agility - Jumping and Landing Static Balance - Seated	Real PE Dynamic Balance – On a Line Static Balance – Stance	Real PE Coordination – Ball Skills Counter Balance – With a Partner	Real PE Coordination – Sending and Receiving Agility – Reaction/Response	Real PE Agility – Ball Chasing Static Balance – Floor Work
	Warm up Games/ activities	Ball Skills/ throwing catching	Gymnastics (Flexibility, Strength, Control. Simple movement patterns) Intra competition	Ball striking/ receiving/ control	Sports day practices Intra competition	Mini Tennis (Striking and control, working with others when rallying)



Key Stage 1 - PE Curriculum Map						
	Term 1 Personal skills	Term 2 Social skills	Term 3 Cognitive skills	Term 4 Creative skills	Term 5 Physical skills	Term 6 Health and Fitness
indoor outdoor	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
Year 1	Real PE Coordination – Footwork Static Balance – One Leg	Real PE Dynamic Balance to Agility - Jumping and Landing Static Balance - Seated	Real PE Dynamic Balance – On a Line Static Balance – Stance	Real PE Coordination – Ball Skills Counter Balance – With a Partner	Real PE Coordination – Sending and Receiving Agility – Reaction/Response	Real PE Agility – Ball Chasing Static Balance – Floor Work
	Warm up Games/ Movement activities	Ball skills (modified Invasion games) Intra competition	Gymnastics (Flexibility, Strength, Control. Simple movement patterns) Intra competition	Ball striking/ receiving/ control	Sports day practices Intra competition	Mini Tennis (Striking and control, working with others when rallying)
Year 2	Real PE Coordination – Footwork Static Balance – One Leg	Real PE Dynamic Balance to Agility - Jumping and Landing Static Balance - Seated	Real PE Dynamic Balance – On a Line Static Balance – Stance	Real PE Coordination – Ball Skills Counter Balance – With a Partner	Real PE Coordination – Sending and Receiving Agility – Reaction/Response	Real PE Agility – Ball Chasing Static Balance – Floor Work
	Warm up Games/ movement activities	Ball skills (modified Invasion games) Intra competition	Gymnastics (Flexibility, Strength, Control. Simple movement patterns) Intra competition	Ball striking/ receiving/ control	Sports day practices Intra competition	Mini Tennis (Striking and control, working with others when rallying)