

Mental Health Support Team

Meet Your Team

Your school works alongside the Slough MHST to support student wellbeing, as individuals and as a whole school.

Education Mental Health Practitioner

Your allocated EMHP

Nisha Shanti Patel



I help children and young people experiencing difficulties with low mood and anxiety. I also enjoy exercising and reading in my spare time.

You may see me around school. I team up with the school to promote mental wellbeing and like my colleagues, I am passionate about mental health. If you see me around, feel free to chat!



If you want to contact us or need more information...

Speak to your Senior Mental Health Lead at school

Call: **0300 247 3002**

Email: **CAMHSGettingHelpEast@berkshire.nhs.uk**



Meet Your Team

Your EMHP works alongside a team of professionals to support whole-school wellbeing.

Ellen Cann

Education Mental Health Practitioner



"I enjoy watching films and going for walks".

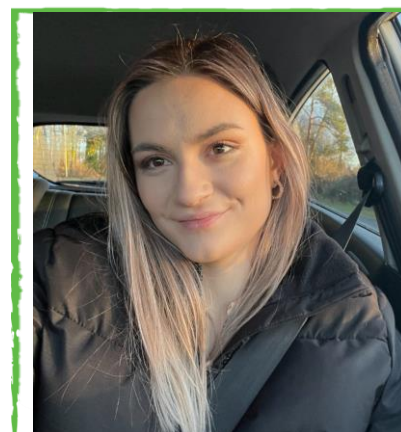


Tara McCormac

Senior Mental Health Practitioner



"I love being a mental health nurse and love musical theatre."



Chloe Moreton

Senior Education Mental Health Practitioner



"I enjoy going for walks and doing puzzles in my free time to relax".



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Natalie Trueman

**Senior Education Mental Health
Practitioner**



"I like going to the climbing wall and watching football in my free time."



Jade Hens

Team Lead



"I've always been an advocate for mindfulness techniques, I practice them daily".

