



# NOURISH YOUR CHILD'S INNER SUPERHERO!

## Our Food

Taylor Shaw's menus are designed to be child friendly, as well as compliant with the Government's school food standards. We use high quality, healthy and nutritious ingredients, prepared fresh on site, on the day of consumption, by suitably trained and child focused employees.

At the heart of our service lies a menu that contains the correct balance of food and nutrients across the week, in order to encourage children to learn, love food, play and grow.

Our lunches include a choice of...

- Meat & vegetarian main courses and accompanying carbohydrates
- 2 vegetable options
- Various salad choices
- Wholemeal or white fresh, crusty baked bread, daily
- A selection of hot and cold desserts
- Chilled water



## Feedback/Contact

If you would like to comment on our meals or provide feedback on our service, please email [Jody.Munn@Taylorshaw.com](mailto:Jody.Munn@Taylorshaw.com)

## Medical Diets and Allergies

If your child has a specific dietary need for a medical reason, we will work with you to create a menu to meet the needs of your child. We have a Medical Diet Procedure to follow, to ensure your child can safely eat with us. If you would like your child to have a school meal we would need to see a medical certificate from your GP or a recent letter from your child's consultant. We can then proceed with creating a suitable menu. Please ask your school for the Medical Diet Request form.

Once you have completed it please return to the school along with the Medical evidence, please ensure all details are correct and it has been signed. This will then be passed onto the Taylor Shaw team who will then create a safe menu for your child and implement as soon as possible.

## Introducing Team Fab4

We're using the FAB4 as a fun way to introduce great nutrition and get pupils involved and engaged with what they are eating and encouraging them to hydrate well. Our FAB4 superheroes are here to encourage children to try different foods and to understand where food comes from. Sonic Boon likes to make sure you drink plenty of water, Mighty Mike gets all his strength from eating fresh healthy food, Liz Gizmo likes you to know all the facts about food and Fusion Flo loves creating exciting new dishes by mixing different ingredients.

## Ordering

Pupils will now order their lunch on arrival in classroom in the morning, the children will go up to the whiteboard and make their selection, the teacher then clicks okay to log the child's choice. Names will be displayed in each classroom and is child friendly. If your child has any allergies and has a Taylor Shaw medical diet, then your child will need to select special diet on the whiteboard. By allowing the children to make their choice each morning in class at registration, we can make sure the kitchen produces the right amount of food to allow each child to get the preferred choice without any disappointments.

# Autumn / Winter MENU 2020 - 2021

## St Mary's C of E Primary

### Week One Dates 02/11/20 – 23/11/20 – 14/12/20 – 04/01/21 – 25/01/21 – 15/02/21 – 08/03/21

Week 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Chicken Sausage, Mash & Gravy	Chicken Casserole & New Potatoes	Roast Chicken, with Roast Potatoes, Yorkshire Pudding & Gravy	Beef & Onion Pie with Mash & Gravy	MSC Fish Fingers & Chips
Halal Main Course	Halal Chicken Sausage, Mash & Gravy	Halal Chicken Casserole & New Potatoes	Halal Roast Chicken, with Roast Potatoes, Yorkshire Pudding & Gravy	Halal Beef & Onion Pie with Mash & Gravy	MSC Fish Fingers & Chips
Vegetarian Main	Vegetable Sausage, Mash & Gravy	Cheese & Tomato Pizza with Garlic Bread	Quorn Roast served with Roast Potatoes, Yorkshire Pudding & Gravy	Mac n Cheese	Vegetable Nuggets & Chips
Jacket Potato & Filling	Jacket Potato with Cheese, Beans or Tuna Mayonnaise	Jacket Potato with Cheese, Beans or Tuna Mayonnaise	Jacket Potato with Cheese, Beans or Tuna Mayonnaise	Jacket Potato with Cheese, Beans or Tuna Mayonnaise	Jacket Potato with Cheese, Beans or Tuna Mayonnaise
Vegetables	Mixed Vegetables	Broccoli & Carrots	Peas & Sweetcorn	Green Beans & Carrots	Garden Peas or Baked Beans
Dessert	Ginger Sponge	Fruity Flapjack	Fruity Jelly	Fresh Fruit	Ice Cream

### Week Two Dates 09/11/20 – 30/11/21 – 21/12/20 – 11/01/21 – 01/02/21 – 22/02/21 – 15/03/21

Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Chicken Meatballs in Tomato Sauce with Pasta	Mild Chicken Curry with Rice & Naan Bread	Roast Beef, with Roast Potatoes, Yorkshire Pudding & Gravy	Pasta Bolognese & Garlic Bread	MSC Battered Fish Fillet & Chips
Halal Main Course	Halal Chicken Meatballs In Tomato Sauce with Pasta	Mild Halal Chicken Curry with Rice & Naan Bread	Halal Roast Beef, with Roast Potatoes, Yorkshire Pudding & Gravy	Halal Pasta Bolognese & Garlic Bread	MSC Battered Fish Fillet & Chips
Vegetarian Main	Cheese & Tomato Pizza with Garlic Bread	Butternut & Cauliflower Curry with Rice & Naan Bread	Quorn Roast served with Roast Potatoes, Yorkshire Pudding & Gravy	British Cheddar Quiche with Homemade Potato Wedges	Quorn Fajita & Chips
Jacket Potato & Filling	Jacket Potato with Cheese, Beans or Tuna Mayonnaise	Jacket Potato with Cheese, Beans or Tuna Mayonnaise	Jacket Potato with Cheese, Beans or Tuna Mayonnaise	Jacket Potato with Cheese, Beans or Tuna Mayonnaise	Jacket Potato with Cheese, Beans or Tuna Mayonnaise
Vegetables	Peas & Fresh Salad	Carrots & Green Beans	Cauliflower & Mixed Vegetables	Broccoli & Sweetcorn	Garden Peas or Baked Beans
Dessert	Homemade Yoghurt	Shortbread Biscuit	Fruity Jelly	Jam Sponge	Ice Cream

### Week Three Dates 16/11/20 – 07/12/20 – 28/12/20 – 18/01/21 – 08/02/21 – 01/03/21 – 22/03/21

Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Main Course	Lamb Burger in a Bun with Baked Wedges	Cottage Pie	Roast Chicken with Roast Potatoes, Yorkshire Pudding & Gravy	Homemade Chicken Pie & Mash	MSC Fish Fingers & Chips
Halal Main Course	Halal Lamb Burger in a Bun with Baked Wedges	Halal Cottage Pie	Halal Roast Chicken with Roast Potatoes, Yorkshire Pudding & Gravy	Halal Homemade Chicken Pie & Mash	MSC Fish Fingers & Chips
Vegetarian Main	Veggie Burger in a Bun with Baked Wedges	Cheese & Tomato Pizza with Garlic Bread	Quorn Roast served with Roast Potatoes, Yorkshire Pudding & Gravy	Tomato, Vegetable Sausage & Macaroni Bake	Vegetable Nuggets & Chips
Jacket Potato & Filling	Jacket Potato with Cheese, Beans or Tuna Mayonnaise	Jacket Potato with Cheese, Beans or Tuna Mayonnaise	Jacket Potato with Cheese, Beans or Tuna Mayonnaise	Jacket Potato with Cheese, Beans or Tuna Mayonnaise	Jacket Potato with Cheese, Beans or Tuna Mayonnaise
Vegetables	Sweetcorn & Carrots	Broccoli & Fresh Salad	Cauliflower & Peas	Mixed Vegetables & Cabbage	Garden Peas or Baked Beans
Dessert	Oaty Biscuit	Lemon Slice	Fruity Jelly	Marble Sponge	Ice Cream

Available Daily

Fresh Fruit & Yoghurts