

# Holding a pencil

## Tripod Grip



When children are ready to mark make, this is how they should be holding a pencil.

This will help your child form letters correctly when learning to write.

Practise getting your child to form patterns, letters, shapes every day with a pen or pencil.

## Play dough recipe

Play dough is an excellent way to help develop your child's fine motor skills.

For your child to develop well in learning, they need to have good control in their fingers. This will help them to hold a pencil correctly when writing letters.



## Play Dough Recipe

This is an excellent play dough recipe which is fun to make and never fails to provide amusement on a rainy afternoon!



### **You will need:**

- 1 cup plain (all-purpose) flour
- ½ cup salt
- 2 tablespoons cream of tartar
- 2 tablespoons vegetable oil
- 1 cup water with food colouring added
- 1 teaspoon vanilla essence (optional but it makes the play dough smell nice!)

Put all the ingredients into a large saucepan, and stir over a medium heat until the dough forms into a ball. Allow to cool, and then knead until smooth.

Store in an airtight container (a Ziploc bag with the air pressed out is good).